

SCHEDULE



ANTHROPOLOGY

FOUNDATION COURSE

SCHEDULE ANTHROPOLOGY FOUNDATION @ X IAS

About the Faculty (ANTHROPOLOGY OPTIONAL)

Faculty Name	Credentials	Subject Expertise
Arif Sir	AIR 594, IRMS	UPSC CSE Interview
Shivali Ma'am	UPSC CSE 2024 Interview	Final Score: 942/2025 (Cut-off: 947)
Abhinav Sir	140+ Marks in Anthropology Optional	Dedicated Paper 2 Specialist

Anthropology Paper 1 – Class Schedule

Class Duration: Max 2 hours/day, 4 DAYS A WEEK, ON ALTERNATE DAYS (M-W-F-S)-MONDAY-WED-FRIDAY-SUNDAY


Part 1: By Arif Sir (Topics 1.1 to 8.0)

Week	Days	Topics Covered	Faculty
Week 1	Day 1–5	1.1 Meaning, Scope and Development of Anthropology 1.2 Relationship with Other Disciplines	Arif Sir
Week 2	Day 6–10	1.3 Branches of Anthropology 1.4 Human Evolution and Emergence of Man	Arif Sir
Week 3	Day 11–15	1.5 Characteristics of Primates 1.6 Phylogenetic Status and Fossil Hominids	Arif Sir
Week 4	Day 16–20	1.7 Biological Basis of Life 1.8 Prehistoric Archaeology + Cultural Evolution	Arif Sir
Week 5	Day 21–25	2.1 Nature of Culture 2.2 Nature of Society 2.3 Marriage	Arif Sir
Week 6	Day 26–30	2.4 Family 2.5 Kinship 3. Economic Organisation	Arif Sir
Week 7	Day 31–35	4. Political Organisation 5. Religion 6. Theories (Classical to Neo-evolutionism)	Arif Sir

Week 8	Day 36–40	6. Theories (Materialism to Post-modernism) 7. Culture, Language and Communication	Arif Sir
Week 9	Day 41–45	8. Research Methods in Anthropology (Fieldwork, Tools, Analysis & Presentation)	Arif Sir

 **Part 2: By Shivali Ma'am (Topics 9.1 to 12)**

Week	Days	Topics Covered	Faculty
Week 10	Day 46–50	9.1–9.2 Human Genetics (Pedigree, Mendelian, Multifactorial, Biochemical & Cytogenetic Methods)	Shivali Ma'am
Week 11	Day 51–55	9.3 Population Genetics (Hardy-Weinberg, Mating Types, Genetic Drift, etc.) 9.4 Chromosomal Aberrations	Shivali Ma'am
Week 12	Day 56–60	9.5 Race and Racism 9.6 Genetic Markers and Physiological Variation	Shivali Ma'am
Week 13	Day 61–65	9.7 Ecological Anthropology 9.8 Epidemiological Anthropology	Shivali Ma'am
Week 14	Day 66–70	10. Human Growth and Development (Stages, Factors, Theories, Senescence, Physique, Somatotypes)	Shivali Ma'am
Week 15	Day 71–75	11.1–11.3 Fertility Patterns, Demographic Theories, Bio-socio Influences on Fecundity & Mortality	Shivali Ma'am
Week 16	Day 76–80	12. Applied Anthropology: Sports, Nutrition, Forensics, Defence Design, DNA Tech, Serogenetics, Counselling	Shivali Ma'am

 **Note:** Paper 2 (entire syllabus) will be handled by **Abhinav Sir & ARIF SIR**, to be scheduled separately below.

Paper 2 Class Schedule for Anthropology, The schedule includes:

- **Faculty Roles:**
 - **Abhinav Sir** (140+ scorer): Core faculty for Paper 2
 - **Arif Sir** (IRMS, AIR 594): Handling 3 ending topics (Application & Administration-based)

About the Faculty (Paper 2)

Faculty Name	Credentials	Subject Expertise
Abhinav Sir	Anthropology Optional 140+ scorer	Core expertise in Paper 2 conceptual & applied topics
Arif Sir	AIR 594, IRMS	Strong Applied Perspective

Anthropology Paper 2 – Class Schedule

Mode: 5 days/week (Mon–Fri), Sat–Sun OFF | Max 2 hrs/day | Total Duration: ~16 Weeks

Part 1: By Abhinav Sir (Topics 1.1 to 8.2)

Week	Days	Topics Covered	Faculty
Week 1	Day 1–5	1.1 Evolution of Indian Culture & Civilization (Prehistoric to Post-Harappan, Tribal Contributions)	Abhinav Sir
Week 2	Day 6–10	1.2 Palaeo-Anthropological Evidences from Siwaliks & Narmada 1.3 Ethno-archaeology in India	Abhinav Sir
Week 3	Day 11–15	2. Demographic Profile of India: Ethnic, Linguistic Distribution, Population Structure & Growth	Abhinav Sir
Week 4	Day 16–20	3.1 Traditional Social System 3.2 Caste System	Abhinav Sir

		3.3 Sacred Complex 3.4 Religious Impacts	
Week 5	Day 21–25	4. Contributions of Scholar-Administrators & Indian Anthropologists	Abhinav Sir
Week 6	Day 26–30	5.1 Indian Village Studies 5.2 Linguistic & Religious Minorities 5.3 Social Change Processes	Abhinav Sir
Week 7	Day 31–35	6.1 Tribal Situation in India (Genetic, Linguistic, Socioeconomic) 6.2 Problems of Tribal Communities	Abhinav Sir
Week 8	Day 36–40	6.3 Development Projects & Urban Impact on Tribes	Abhinav Sir
Week 9	Day 41–45	7.1 SC/ST/OBC Issues & Safeguards 7.2 Modern Institutions & Welfare on Tribals 7.3 Ethnicity & Conflict	Abhinav Sir
Week 10	Day 46–50	8.1 Impact of Religions on Tribal Societies 8.2 Tribe and Nation-State (India & Abroad)	Abhinav Sir

✿ Part 2: By Arif Sir (Topics 9.1 to 9.3 – Governance & Applied Anthropology)

Week	Days	Topics Covered	Faculty
Week 11	Day 51–55	9.1 History of Tribal Administration, PTGs, NGOs in Tribal Development	Arif Sir
Week 12	Day 56–60	9.2 Role of Anthropology in Tribal and Rural Development	Arif Sir
Week 13	Day 61–65	9.3 Anthropology's Role in Regionalism, Communalism & Ethnic Movements	Arif Sir

NOTE : SCHEDULE IS SUBJECT TO MINOR CHANGES IN EVERY ASPECT. IN CAASE OF ANY EXIGENCY TECHNICAL OR OTHERWISE.