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Vaibhav Bhardwaj Sir
AIR-344, UPSC CSE 2025
HCS Intw, 2 UPPCS Mains

History & Economy Expert



Shivali Ma'am
Selected UPSC 2024 (Reserved List)
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GS II, GS III Expert



Bhagirath Sir
PYQ Specialist

GPSC **RANK - 60**
2 UPSC Interviews 2024, 2025.



Vivek Bisnoi Sir
Prelims Expert

Consistently 120+ Marks
in Prelims GS, CSAT 135 Marks



Dharmendra Sir
Essay Score **125 +**
Multi Mains of UPSC, UPPCS
CDS, MPPCS, CAPF
Asst. Prof., UGC NET
(Ex-Vajiram Ravi)



Devendra Khangarot Sir
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Prelims 115+ Marks Consistently
UPSC 2025 Interview



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**Directionless
Preparation**



**Ignoring Basics,
Chasing Endless
Content**



**Outdated
Approach, No
Exam Relevance**



**Prepare : Pre First
or Mains First
Dilemma**



**Paid Misguidance
& Marketing Hype**



**"Election-Style" Big
Promises, Weak
Delivery by Coaching**



**Incomplete /
Delayed Syllabus
Coverage**



**No Real 1:1
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Support**



**Core Mentors =
Least Approachable**



**Bulky Hours
Classes →
Massive Backlogs**



**Aspirants Become
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X

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- Xtra answer-writing push – Continuous improvement, not just lectures
- Xtra result-oriented strategy – every step aligned to marks

I

I – Intensive, Integrated, Intelligent Preparation

- Intensive coverage – from NCERT basics to advanced Coverage that directly hit in the Exam.
- Integrated approach – Prelims + Mains + Interview in one flow
- Intelligent filtering – only what matters, no information overload

A

A – Accessible, Accountable, Always Available

- Anytime mentor access – text, voice, call support
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S

S – Smartest Strategy for the Current UPSC Pattern

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GEOGRAPHY	NCERTs (All Relevant from exam PoV)	- Our Core BTS content - Advanced content from sources like GC Leong & Mazid Hussain - Map work - Lecture specific conceptual questions
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ECONOMY	- Macro Economics NCERT - Indian Economic Development Book	- Advanced content covering all mainstream resources - Our own BTS content
SCI & TECH	- NCERTs - Our own BTS content. - PYQ EXTRACTED thematic content	

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Mains

2 LAYERED APPROACH

Prelims

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COMPREHENSIVE MAINS COVERAGE

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BTS DIRECT HIT APPROACH (SAMPLES)

Current Affairs Direct Hit

48. With reference to monoclonal antibodies, often mentioned in news, consider the following statements :

- I. They are man-made proteins.
- II. They stimulate immunological function due to their ability to bind to specific antigens.
- III. They are used in treating viral infections like that of Nipah virus.

Which of the statements given above are correct?

- (a) I and II only
- (b) II and III only
- (c) I and III only
- (d) I, II and III

July 2024
Current
X-press

MONOCLONAL ANTIBODIES

Recent Update: Monoclonal antibodies (mAbs) continue to be widely used in diagnostics, treatments, and cell analysis, offering targeted therapies for diseases like cancer and autoimmune disorders.

About:

- Monoclonal antibodies (mAbs) are lab-made proteins designed to mimic natural antibodies.
- Antibodies are part of the immune system, targeting and destroying foreign materials (antigens).
- Key applications include:
 1. Diagnostics (e.g., ELISA),
 2. Treating diseases such as cancer, infections, and autoimmune disorders,
 3. Cell analysis in blood/tissue using fluorescent tags.

6. Consider the following statements :

- I. India has joined the Minerals Security Partnership as a member.
- II. India is a resource-rich country in all the 30 critical minerals that it has identified.
- III. The Parliament in 2023 has amended the Mines and Minerals (Development and Regulation) Act, 1957 empowering the Central Government to exclusively auction mining lease and composite license for certain critical minerals.

Which of the statements given above are correct?

- (a) I and II only
- (b) II and III only
- (c) I and III only
- (d) I, II and III

(September 2024)
Current
X-press

MINERALS SECURITY PARTNERSHIP FINANCE NETWORK

Recent Update: India joined the US-led Minerals Security Partnership (MSP) Finance Network to ensure sustainable critical mineral supply chains.

About:

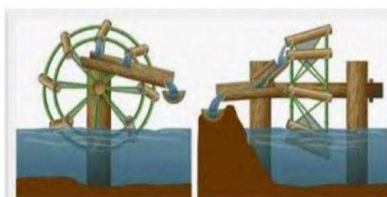
- **Global Collaboration:** Joint financing body for critical mineral projects worldwide.
- **Objectives:** Strengthen Indo-Pacific and European cooperation for sustainable supply chains.
- **Critical Minerals:** Includes lithium, cobalt, nickel, and rare earth elements crucial for modern technologies.

13. The irrigation device called 'Araghatta' was

- (a) a water bag made of leather pulled over a pulley
- (b) a large wheel with earthen pots tied to the outer ends of its spokes
- (c) a larger earthen pot driven by bullocks
- (d) a large water bucket pulled up by rope directly by hand

Sample Static Direct Hit

Whether the Persian wheel was in use in early medieval Rajasthan is debated, and hinges on the interpretation of the term araghatta. The key issue is whether the reference is to the Persian wheel or to the noria. The noria is a wheel which has pots or buckets attached to its rim without a chain for carrying the pots, or a gear mechanism to ensure continuous flow of water. It could only be used to draw water from close to the surface or from a river.



→ Explained in details in BTS class (LEVEL-2)

The Persian wheel, on the other hand, had gears and a chain to carry the pots and was associated with a well. araghatta seems to have been different from an ordinary well (dhimada) or a step well (vapi), **UPSC PYQ**.



BTS DIRECT HIT APPROACH (SAMPLES)

Checkout X IAS BTS Direct Hits At Below Links

UPSC 2025 Direct hits:

Click Here on link (https://t.me/X_IAS/5369)

UPSC 2025 Direct hits:

Click Here on link (https://t.me/X_IAS/2527)

UPSC 2025 STATIC Direct hits:

Click Here on link (https://t.me/X_IAS/2617)

UPSC 2024 Direct hits:

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CURRENT AFFAIRS
24 QUES DIRECT HITS
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30. **Institutional Continuity** – Retaining functional colonial institutions post-independence. **Example:** Indian Administrative Service's origins in colonial civil services.

31. **Public Sphere Expansion** – Growth of civic spaces for political discourse. **Example:** Rise of social media activism on regional issues.

32. **Conflict Mitigation** – State efforts to reduce insurgency and ethnic violence. **Example:** Ceasefire agreements with Naga insurgent groups.

Postcolonial Governance Strategies

33. **Fiscal Federalism** – Allocation of financial resources between center and states. **Example:** GST revenue sharing arrangements.

34. **Legal Pluralism** – Coexistence of multiple legal traditions within the country. **Example:** Recognition of Sharia and customary laws alongside civil law.

35. **Demographic Engineering** – Policies aimed at influencing population composition. **Example:** Incentives to encourage settlement in border areas.

36. **Administrative Decentralization** – Transfer of powers to local governance bodies. **Example:** Strengthening of Urban Local Bodies through 74th Amendment.

37. **Electoral Harmonization** – Synchronizing elections to improve governance stability. **Example:** Campaigns promoting 'One Nation, One Election.'

38. **Nation-Building Discourse** – Narrative fostering a shared national identity. **Example:** Educational curricula emphasizing integration and unity.

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2025-2026

GS-IV
(MAINS X NOTES)

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TOPIC-2-Attitude: Content, Structure, Function; its Influence and Relation with Thought and Behaviour; Moral and Political Attitudes; Social Influence and Persuasion.

SECTION 1: Attitude – The Architecture of Thinking and Acting
"Your attitude, not your aptitude, determines your attitude."

Attitudes are not fleeting emotions—they are **deep-set mental positions** that govern our perceptions, evaluations, and actions. In public life, where decisions impact thousands, and biases can cause injustice, understanding *what attitudes are, how they are formed, and how they influence behaviour* becomes crucial. Attitudes are the *silent drivers* behind daily decision-making, ethical judgment, and leadership behaviour. They form the *invisible software* that processes every external event into a personal or public reaction.

1.1 What is Attitude?
Attitude is a psychological tendency expressed by evaluating an object, person, issue, or event with some degree of favor or disfavor.
In simpler terms, **attitude is a learned predisposition** that influences how an individual thinks, feels, and behaves toward a specific entity.

Real-World Example:

- A civil servant who respects participatory democracy will proactively involve Gram Sabhas in rural development projects.
- Conversely, a bureaucrat with an elitist attitude may avoid community interactions, believing people are incapable of intelligent contributions.

1.2 Content of Attitude – The ABC Components
Attitudes are multi-dimensional constructs comprising:

Affective Component (Emotion or Feeling)

- Reflects how an individual **feels** toward the object.
- Example:** Feeling pride when seeing the national flag.

Behavioural Component (Action Tendency)

- Reflects how an individual **behaves** or intends to behave.
- Example:** Actively participating in elections because one values democracy.

Cognitive Component (Beliefs and Knowledge)

- Reflects what an individual **believes** about the object.
- Example:** Believing that voting is essential for a vibrant democracy.

Mnemonic to Remember:
ABC – Affective, Behavioural, Cognitive.

Structure of Attitude

Affective (Emotion or Feeling)
Behavioural (Action Tendency)
Cognitive (Beliefs and Knowledge)

Attitude

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SAMPLE PRELIMS NOTES



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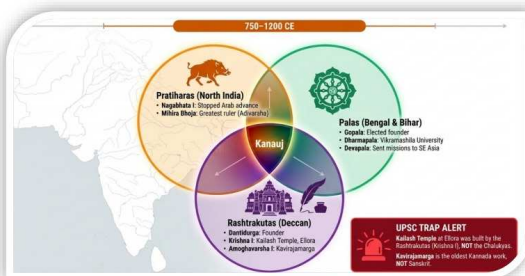
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THEME 1 - EARLY MEDIEVAL INDIA (750-1200 CE) - Palas, Pratiharas, Rashtrakutas & Chalukyas

The period from 750 to 1200 CE is defined by the **Tripartite Struggle**, a continuous three-way war over the city of **Kanauj** (the former capital of Harsha). This endless conflict exhausted the Palas, Pratiharas, and Rashtrakutas, leaving North India completely vulnerable to the later invasions of **Mahmud of Ghazni**.



The Tripartite Struggle: Comparative Overview

Feature	Palas	Pratiharas	Rashtrakutas
Region	Bengal & Bihar	North India	Deccan
Timeline	750 - 1174 CE	750 - 1036 CE	735 - 973 CE
Founder	Gopala	Nagabhata I	Dantidurga
Greatest Ruler	Dharmapala	Mihira Bhoja	Amoghavarsha I
Capital	Munger / Pataliputra	Kanauj	Manyakheta
Religion	Devoted Buddhists	Brahmanical Hindus	Hindus & Jainism Patrons

Palas Dynasty -

- **Gopala (c. 750 CE)**: Founder. Uniquely elected by a council of nobles to end regional anarchy. This is documented in the **Khalimpur Copper Plate** inscription.
- **Dharmapala (770-810 CE)**: The greatest Pala ruler. He founded the massive **Vikramashila University** (108 monasteries) and patronised **Nalanda**. He was responsible for sending Buddhist missionaries to Southeast Asia.

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Rameshwaram.

Chalukyas of Badami & Pallavas - Key Facts

- **Chalukyas of Badami**: Pulakesi II is famous for defeating Harsha at the **Battle of Narmada (642 CE)**. His court was visited by **Hsien Tsang**. Pulakesi was later killed by the Pallava king **Narasimhavarmam I** in 642 CE.
- **Pallavas of Kanchipuram**: Known for building the **Shore Temple**, the monolithic **Pancha Rathas** at Mahabalipuram, and the **Kailasanatha Temple**. **Narasimhavarmam I** held the title **Mamalla**.
- **Later Cholas**: Founded by **Vijayalaya** (850 CE). **Rajaraja I** built the massive **Brihadeeswarar Temple (1010 CE)**. **Rajendra I** launched a famous naval expedition against **Srivijaya**.

Important NCERT Concepts

- **Matsya Nyaya**: Translates to the **law of the fish** (the strong devour the weak). Describes the period of extreme anarchy in Bengal prior to Gopala's election.
- **Khalimpur Copper Plate**: The definitive primary source proving that **Gopala** was democratically elected by nobles.
- **Vikramashila University**: Located in Bihar. Its most famous scholar was **Atisha Dipankara**, who later traveled to Tibet to reform Buddhism. The university was destroyed by **Bakhtiyar Khilji** in 1203 CE.
- **Nalanda University**: Originally founded by the **Guptas (Kumargupta I)**. NOT the Palas. The Palas only acted as patrons and renovators.
- **Pancha Rathas**: Built by **Narasimhavarmam I**. Entirely rock-cut from single stones. Despite the name, they have absolutely **no historical connection to the Mahabharata Pandavas**.
- **Hiranyagarbha**: A ritual of the "golden womb" used by non-Kshatriya rulers to claim royal lineage through **Sanskritization**.
- **Srivijaya Kingdom**: A major maritime empire in modern **Indonesia** that controlled Southeast Asian trade and Buddhist learning networks.



Previous Year Question (PYQ) Facts

- **UPSC 2015**: The founder of **Vikramashila University** was **Dharmapala** of the Pala dynasty.
- **UPSC 2021**: The ruler **Amoghavarsha I**, known for his 64-year reign, belonged to the **Rashtrakuta** dynasty.
- **UPSC 2019**: The monolithic **Kailash Temple** at Ellora was commissioned by **Krishna I**.
- **CDS 2018**: The Arab writer who explicitly praised the military strength of **Mihira Bhoja** was **Sulaiman**.
- **UPSC 2022**: The Pala king responsible for sending Buddhist missionaries to the **Srivijaya** kingdom was **Devapala**.
- **UPSC 2017**: The author of **Kavyamimamsa** and court poet of the Pratiharas was **Rajashekhara**.
- **UPSC 2018**: The ruler who halted Harsha's southward expansion at the **Battle of Narmada** was **Pulakesi II**.
- **UPSC 2016**: The **Brihadeeswarar Temple** at Thanjavur was constructed by **Rajaraja I**.
- **UPSC 2020**: The three dynasties involved in the **Tripartite Struggle** for Kanauj were the **Palas, Pratiharas, and Rashtrakutas**.
- **UPSC 2020**: The foundation of the Pala dynasty was unique because **Gopala** was elected by nobles, not established through conquest.

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- **UPSC 2016**: The sophisticated administrative and revenue assignment mechanism, directly analogous to the **Delhi Sultanate's Iqta** system, was the **Amara-Nayaka** system.
- **UPSC 2020**: The magnificent **Kalyana Mandapa** (marriage pavilion), heavily adorned with exquisitely carved pillars, became a mandatory and distinctive architectural feature in temple construction during the **Vijayanagara Empire**.
- **UPSC 2015**: The Persian ambassador **Abdur Razzaq** visited the **Vijayanagara** court during the reign of the **Sangama ruler Devaraya II**.
- **MPPSC 2019 & RPSC 2017**: The monumental literary masterpiece on statecraft, the **Amuktamalyada**, was authored by the emperor **Krishnadevaraya** in the **Telugu** language.
- **UPSC 2019**: The great scholar-king **Krishnadevaraya** belonged strictly to the **Tuluva Dynasty**, which was the third ruling house of the empire.
- **BPSC 2021**: The decisive and catastrophic **Battle of Talikota (Rakshasi-Tangadi)**, which led to the total destruction of **Hampi**, was fought in the year **1565 CE**.
- **UPSC 2020**: The Portuguese traveler who explicitly documented the active presence of women as accountants, astrologers, and guards in the **Vijayanagara** court was **Fernao Nuniz**.
- **UPSC 2017**: The elite group of eight supreme **Telugu** poets, known as the **Ashtadiggajas**, ornamented the royal court of **Krishnadevaraya**.
- **CDS 2018**: The Portuguese merchant and chronicler **Domingo Paes** famously compared the sheer geographical scale and immense wealth of **Hampi** to the city of **Rome**.

UPSC Prelims Traps to Avoid

- **The Navaratnas vs Ashtadiggajas Trap**: A highly common error is confusing these royal courts. **Krishnadevaraya** had the **Ashtadiggajas** (Eight Elephants of Telugu Literature). The **Navaratnas** (Nine Gems) belong exclusively to the ancient court of **Chandragupta II (Vikramaditya)** and the medieval court of the Mughal Emperor **Akbar**.
- **Talikota as the Immediate End**: Examiners often claim that the **Vijayanagara Empire** completely collapsed and ceased to exist immediately after 1565. This is factually incorrect. While the capital **Hampi** was destroyed, the empire fundamentally survived for another 80 years under the **Aravidu Dynasty**, ruling from **Pemkonda** and **Chandragiri** until **1646 CE**.
- **Nature of the Amara-Nayaka Grants**: Do not assume these grants were permanently hereditary from the beginning. Just like the **Delhi Sultans** with the **Iqta** system, the **Vijayanagara** **Rayas** constantly **transferred and rotated** the **Amara-nayakas** from one territory to another to prevent them from establishing independent, rebellious dynasties. They only became hereditary during the empire's later decline.
- **Language of Amuktamalyada**: Because **Krishnadevaraya** patronized Sanskrit heavily and wrote the **Jambavati Kalyanam** in it, options often list **Amuktamalyada** as a Sanskrit text. It is unequivocally one of the greatest works in the **Telugu** language.
- **The Status of Berar**: When identifying the **Deccan Sultanates** that formed the **Grand Alliance** at **Talikota**, strictly exclude **Berar**. **Berar** did not participate in the coalition against **Vijayanagara** due to intense, pre-existing territorial hostilities with its neighbor, **Ahmadnagar**.
- **Ibn Battuta's Timeline**: A severe chronological trap places **Ibn Battuta** in the court of **Krishnadevaraya**. **Ibn Battuta** visited India in the **14th century (1333 CE)** during the reign of **Harishara I**, nearly 175 years before **Krishnadevaraya** ascended the throne.
- **Origins of the Vijayanagara Founders**: Statements claiming **Harihara** and **Bukka** were originally independent **Hindu** kings are false. They were subordinate **feudatories and ministers**, first under the **Kakatiyas**, then under the **Kampili** state, and briefly operated as **Muslim administrators** for **Muhammad**.

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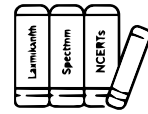
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 Flagship 'Direct Hit Approach'	 Post-exam marketing claims without proof	 "EXAM BEFORE" Direct-Hit Content shown with class proof, PDFs & timestamps
 Preparation Model	 Outdated decade-old topper strategies repeated every year	 Preparation led by recent UPSC rankers who understand evolving UPSC patterns & current exam dynamics
 Mentorship System	 Mentors visible mainly during orientation sessions	 Real 1:1 mentorship by accessible Core Mentors throughout preparation
 Faculty Accessibility	 Students struggle to connect with faculties	 Direct text / voice / call support with Core Team
 Founder Accessibility	 Almost impossible to reach institute founders	 Direct access to X IAS Founder – one message away
 Static + Current Affairs Integration	 Current Affairs taught separately through bulky PDFs & magazines	 STATIC + CURRENT integrated together exactly the way UPSC frames questions
 Content Philosophy	 Content overload leading to confusion	 High-Yield, PYQ-Mapped & Revision-Friendly Smart Content
 Answer Writing Ecosystem	 Formal test series after syllabus completion	 Answer Writing from the initial stages itself from Class 1 of mains.
 Revision System	 Endless classes with weak retention focus. Eg: 3 classes of 3 hrs daily – 9-10hrs in net. 1 day missed – 20 hrs for next day with backlog.	 Crisp short classes system. Class duration is max 1 hr. easy to do even if missed. Multi-layer revision ecosystem with recall frameworks & smart retention techniques
 Student Accountability	 "Pay fees & Manage Yourself" ecosystem	 Continuous monitoring, personal guidance & performance tracking
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 Ultimate Goal	 Syllabus completion-centric approach	 Selection-oriented preparation focused on marks, elimination & rank improvement



Tentative Schedule Prelims

X IAS BTS 4.0 PRE BATCH -3

Month (2026)	Subject
	Every Subject in Two levels L1 (BASICS), L2 (ADVANCED)
18 AUG - 15 SEPT 2026	History L1 (Basics)+ L2 (Advanced)
SEPT-OCT 2026	Geography L1 (Basics)+ L2 (Advanced)
OCT-NOV 2026	Polity L1 (Basics)+ L2 (Advanced) + CSAT
NOV-DEC 2026	Economy L1 (Basics)+ L2 (Advanced) + CSAT
DECEMBER 2026	Environment & Science & Tech L1 (Basics)+ L2 (Advanced) + CSAT

Parallel Coverage with above subjects (slow pace, less burdening)

- Current Affairs Pre (CT30 Prelims Module) - **Aug Onwards**
- MSD (MCQ skill Development) - **Aug Onwards**
- PREHIT - Prelims Test Series - **August end Onwards**
- 1:1 Mentorship & Revision Plan - **Anytime**



Tentative Schedule Mains

X IAS BTS 4.0 MAINS BATCH – 3

MONTH	MAINS GS PAPER
AUG 2026	GS 4
SEPT 2026	GS 1
OCT 2026	GS 2
NOV 2026	GS 3
DEC 2026	Essay + Mains Data Classes

Parallel Coverage (Slow Pace) of

- “WriteElite” classes (Mains Ans Writing Skill Development)- *Aug Onwards*
- Mains Current Affairs (CT30 Mains) - *Aug/Sept Onwards*
- PREHIT (Pre Test Series) - *Aug Onwards*



Tentative Schedule **GOLD**

X IAS BTS 4.0 PRE + MAINS Gold BATCH-3

Month	Subject: Every Subject in Two levels L1 (BASICS), L2 (ADVANCED)	Mains Subject
18 AUG 2026- 15 SEPT 2026	History L1 (Basics)+ L2 (Advanced)	--
SEPT 2026	Geography L1 (Basics)+ L2 (Advanced)	GS 4
OCT 2026	Polity L1 (Basics)+ L2 (Advanced)	GS1 (As Now You Are Done with History & Geography)
NOV 2026	Economy L1 (Basics)+ L2 (Advanced)	GS2 (AS YOU ARE DONE WITH POLITY)
DEC 2026	Environment L1 (Basics)+ L2 (Advanced)	GS3 (AS YOU ARE DONE WITH ECONOMY)
JAN 2026	Science & Tech L1 (Basics)+ L2 (Advanced)	Essay

Parallel Coverage (Slow Pace) of

- **Current Affairs Pre (CT30 Prelims Module) - Aug Onwards**
- **Mains Current Affairs (CT30 Mains) - Aug Onwards**
- **"WriteElite" classes (Mains Ans Writing Skill Development)- Aug Onwards**
- **MSD (MCQ skill Development) - Aug Onwards**
- **PREHIT - Prelims Test Series - Aug end - Sept Onwards**
- **1:1 Mentorship & Revision Plan - Anytime**



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